

# FOOD DRIVE • FOOD DRIVE • FOOD DRIVE

WHOLE GRAINS • PROTEINS • DAIRY • FRUITS • VEGETABLES • WHOLE GRAINS • PROTEINS • DAIRY • FRUITS  
canned • dried • boxed • bagged • canned • dried • boxed • bagged • canned • dried • boxed • bagged

## FRUITS & VEGETABLES

- Canned tomato products/spaghetti sauces\*
- Canned fruit in light syrup or their own juices H
- No sugar added applesauce H
- Dried fruits (raisins, apricots, prunes, etc.) H
- Canned and boxed 100% juice H
- Fruit leather (100% fruit wraps) H
- Low-sodium or “no salt added” canned vegetables H
- Low sodium V-8 juice H
- Canned ethnic foods (bamboo shoots, hominy, etc.)
- Vegetable or Chunky soups
- We also accept produce\*** (backyard grown or fresh)—please drop off to CSA office.



## BREAD, CEREAL, RICE & PASTA

- Brown or whole grain rice\*
- Whole wheat pasta\*
- Instant rice or breakfast bowls H
- Granola bars H
- Whole wheat/bran cereal
- Whole wheat flour
- Whole grain pancake mix
- Plain or low sugar oatmeal
- Whole grain crackers, graham crackers

## POULTRY, FISH, BEANS & NUTS

- Canned chicken or turkey\*
- Canned salmon or tuna in water\*
- Unsalted nuts: almonds, walnuts, peanuts, soy nuts or pistachios H
- Canned or dried beans
- Turkey or vegetarian chili
- Low sodium broth or beans soups
- Peanut butter

## MILK, YOGURT & CHEESE

- Fat free pudding H
- Instant breakfast drinks, Ensure H
- Powdered milk
- Shelf stable milk or soy milk

\* = most needed items

H = in need of individually packaged/pop-top canned items for homeless bags.

**Donations accepted** Mon.-Fri. 9:30-12noon & 1:30-4pm

204 Stierlin Road  
Mountain View, CA 94043

**Food Drives** Contact Alison Hopkins  
ahopkins@CSAcares.org or 650.964-4630  
for barrel pick-up or drop off.



Thank you for helping us minimize hunger & food insecurity  
to over 3,000 people in our community each year.

[www.CSAcares.org](http://www.CSAcares.org)

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